



The Good News

Perfecting the Saints Church International

1st Quarter Newsletter

January – March 2025

Our Pastors

Pastor Jeffrey Glover
Pastor Gloria Glover

PTSCI Ministries

Prayer Team
Dance Ministry
Senior's Ministry
Women's Ministry
Men's Ministry
Children's Ministry
Teen's Ministry

Service Times

SUNDAY MORNING

PRAYER
10:30 a.m.

SUNDAY WORSHIP
11:00 a.m.

WEDNESDAY NIGHT

PRAYER
6:30 p.m.

BIBLE STUDY
7:00 p.m.

Office Hours

Court Ordered Anger
Management Classes
(By Appointment Only)



*"Teaching the Word
of God with Precision
and Balance"*

From the Pastor's Desk

The Power of Energy, Vibration, and Frequency in Everyday Living

In today's world, science and spirituality increasingly align to reveal truths that have long been evident in Scripture: everything around us – and within us – operates through **energy, vibration, and frequency**. The sounds we hear, the words we speak, the environments we live in, and even the thoughts we think all carry energy that impacts us psychologically, spiritually, and emotionally. Understanding this truth empowers us to live with greater awareness and harmony.

What Is Energy and Frequency?

Energy is the life force that flows through everything. Physically, energy manifests in light, sound, and motion. On a deeper level, this energy operates at specific frequencies – measurable vibrations that influence how we feel and interact with the world.

Consider music: a beautiful song can uplift your spirit, but harsh, discordant sounds can cause stress. Similarly, words and thoughts carry vibrations. Positive, life-giving words promote peace, while negativity can drain energy and stir confusion.

The Psychological Impact

Our minds and bodies respond to these vibrations. Positive energy – such as love, gratitude, and peace – produces harmony and psychological well-being. Studies have shown that optimism and healthy thought patterns lower stress, improve focus, and promote overall happiness. Conversely, negative energy like anger, fear, and bitterness creates emotional dissonance and psychological struggles.

Proverbs 18:21 reminds us, *"Death and life are in the power of the tongue, and those who love it will eat its fruit."* The words we speak and absorb carry frequencies that can build up or tear down. Every thought and word contributes to the "energy" we carry into our relationships, work, and worship.

Scriptural Connection: God's Creative Frequency

From the beginning, God's Word exemplified the power of vibration and frequency. In **Genesis 1**, God spoke creation into existence: *"And God said, 'Let there be light,' and there was light"* (**Genesis 1:3**). His Word carried the frequency of creation, aligning all matter into perfect harmony.



Pastor's Jeffrey and Gloria Glover

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The Power of Energy, Vibration, and Frequency in Everyday Living

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Likewise, Jesus Himself is referred to as the Word: *“In the beginning was the Word, and the Word was with God, and the Word was God”* (John 1:1). He is the embodiment of divine vibration and energy, bringing light and life to all.

When we align ourselves with God’s Word – choosing to focus on truth, love, and peace – our energy shifts. We find ourselves walking in higher frequencies that promote healing, joy, and clarity.

Practical Steps to Elevate Your Energy

1. **Speak Life:** Guard your words and use them to encourage yourself and others.
2. **Cultivate Gratitude:** Gratitude operates at a high frequency and naturally combats negativity.
3. **Guard Your Environment:** Surround yourself with uplifting people, music, and atmospheres.
4. **Meditate on God’s Word:** Scripture realigns your mind and spirit to resonate with divine truth.

Final Thought:

When we choose to walk in love, joy, and peace, we resonate with God’s perfect energy. Let us be mindful of the vibrations we carry and the environments we create. By aligning with His Word, we invite psychological peace and spiritual harmony into our lives.

“Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable — if anything is excellent or praiseworthy — think about such things”

(Philippians 4:8)

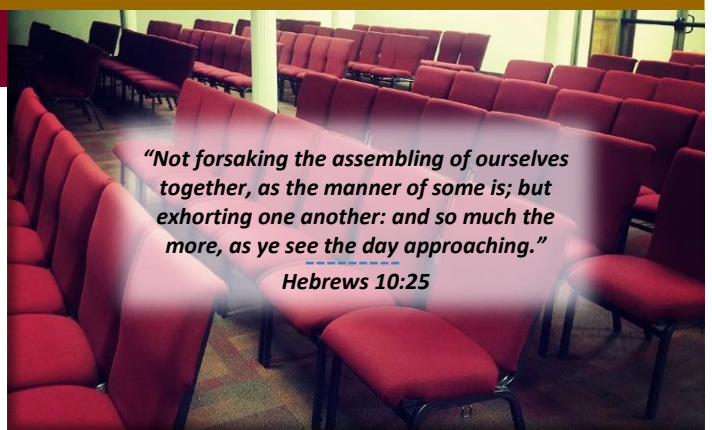
May your frequency always reflect the goodness and grace of God!

- Pastor Jeffrey Glover

The Importance of Church Attendance ...

- Pastor Gloria Glover

The Bible tells us that we need to attend church so we can worship God with other believers and be taught His Word for our spiritual growth. Church attendance is not just a “good suggestion” it is God’s will for believers. (**Hebrews 10:25**) says we should not give up meeting/coming together as some are in the habit of doing, but to encourage one another especially as we see the day approaching. In the early church, some were falling into the bad habit of not meeting with other believers (coming to church) but tending to things that are not the will of God. Church is the place where believers can love one another (**1 John 4:12**), encourage one another (**Hebrews 3:13**), “spur” one another to love and good works (**Hebrews 10:24**), serve one another (**Galatians 5:13**), instruct one another (**Romans 15:14**), honor one another (**Romans 12:10**), and be kind and compassionate to one another (**Ephesians 4:32**). When a person trusts Jesus Christ for salvation, he or she is made a member of the body of Christ (**1 Corinthians 12:27**). For a church body to function properly, all of its “body parts” need to be present and working (**1 Corinthians 12:14–20**). **It’s not enough to just attend a church; we should be involved in some type of ministry to others, using the spiritual gifts God has given us (Ephesians 4:11–13).** A believer will never reach full spiritual maturity without having that outlet for his gifts, and we all need the assistance and encouragement of other believers.



“Not forsaking the assembling of ourselves together, as the manner of some is; but exhorting one another: and so much the more, as ye see the day approaching.”

Hebrews 10:25





President John F. Kennedy once said, “Ask not what your country can do for you, but what you can do for your country”. Marriage partners should develop that same mantra. Marriage should be a team effort. Each partner is responsible for caring for and being concerned with their partner’s wellbeing more than their own. Each member of the team should concentrate on being an effective listener, an encourager and all around I got your back teammate. This mindset keeps neglect from creeping into the relationship.

- Easy You Ask. No Way. Why?**
1. Most marriages do not focus enough on their spiritual growth together.
 2. Rest and relaxation with each other come at a cost many are not willing to pay.

Marriage is a journey through life together. When you say “I Do” you commit the rest of your life to that person. Whatever years granted to the marriage by God need to be treasured. Remember the most important aspect of any marriage is the main partner, God.

- Blessings: Michael & Jacqueline Johnson

The Importance Of Making A Will

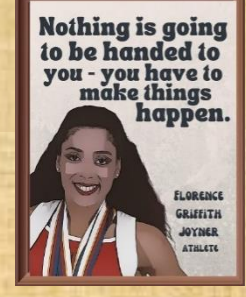
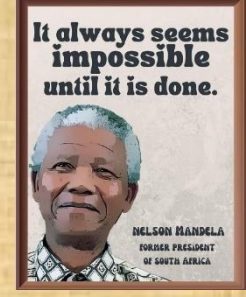
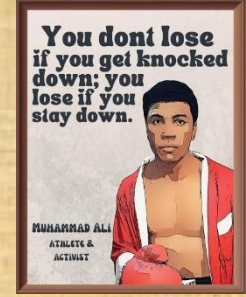
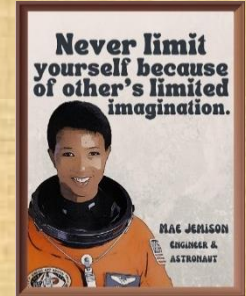
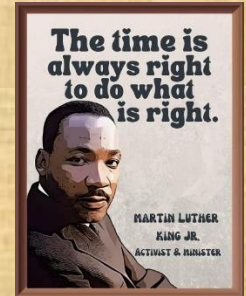
(L.I.F.E. Solutions Center @ PTSCI)

A Will provides directions for what happens after you die, everyone should consider making a Will. Statistic shows that 67%- 80% of adults in the United States die without a Will. Wills can distribute your property to your loved ones, name an **executor** to wrap up your affairs, name guardians more.

Having a will also means that you, rather than your state’s laws, get to decide who receives your property when you die. In most cases, wills are typewritten legal documents that are signed and witnessed, but some states do recognize other types of Wills.

For more information, please contact the church at:

www.ptministries.org or visit us at 1009 US 19/41, Hampton, GA 30228





Awesome



Volunteers Needed

For Our Ministries:

- Prayer Team
- Dance Ministry
- Senior's Ministry
- Women's Ministry
- Men's Ministry
- Children's Ministry
- Teen's Ministry

GET INVOLVED
 Join A Ministry Today

All Birthdays and Anniversaries will be Recognized and Celebrated on the 4th Sunday of each month



CHILDRENS CHURCH

- Crystal Green

January Lesson:
The Birth of John the Baptist - Meet Zechariah and Elizabeth, who couldn't have children, and see how God answers their prayer with a miracle! Discover why their son would become known as John the Baptist, and how he would prepare the way for his cousin, Jesus. The children learn that **nothing is impossible with God!**

February Lesson:
The Test - Abraham & Issac - Abraham, who faces the ultimate test of his faith. Witness how this loving father must decide who is most important—God or his beloved son, Isaac. The children learn that **the hardest choices can bring the greatest joy!**

March Lesson:
Jacob & Esau - to meet Jacob and Esau—twins who cannot get along. Discover how Jacob tricks his father and steals from Esau, then flees for his life. Witness the dramatic conclusion when the brothers finally meet again. The children learn how **relationships that may seem hopelessly broken can be fixed through forgiveness!**